



NATIONAL CAPITAL OUTAOUAIS ALPINE SKI TEAM

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
November 2000						
			Dryland Carlington Hill 4:15-5:30	1	2 Depart Keystone, Colorado	3 Training Keystone, Colorado
4 Training Keystone, Colorado	5 Training Keystone, Colorado	6 Training Keystone, Colorado	7 Training Keystone, Colorado	8 Training Keystone, Colorado	9 Training Keystone, Colorado	10 Training Keystone, Colorado
11 Training Keystone, Colorado	12 Training Keystone, Colorado	13 Training Keystone, Colorado	14 Training Keystone, Colorado	15 Training Keystone, Colorado	16 Training Keystone, Colorado	17 Return Keystone, Colorado
18	19	20	21	22	23	24
25	26	27	28	29	30	



NATIONAL CAPITAL OUTAOUAIS ALPINE SKI TEAM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
December 2000						1
2 Travel Ste-Anne 2:00 pm T&L	3 Train Ste-Anne	4 Train Ste-Anne	5 Train Ste-Anne	6 Train Ste-Anne Travel Home	7 School	8
9 Travel Ste-Anne 2:00 pm T&L	10 Train Ste-Anne	11 Train Ste-Anne	12 Train Ste-Anne Travel Home	13 School	14 School Travel Val-Ste- Come after school	15 Rogers AT&T Val-Ste-Come SL
16 Rogers AT&T Val-Ste-Come SL	17 Travel to Tremblant and Training	18 Rogers AT&T Tremblant GS	19 Rogers AT&T Tremblant GS Travel to Le Massif	20 SQA Speed Camp Le Massif	21 SQA Speed Camp Le Massif	22 SQA Speed Camp Le Massif Travel Home
23 OFF	24 OFF	25 OFF MERRY CHRISTMAS!!	26 OFF	27 Train Local SL	28 Train Local SL	29 Train Local SL
30 Train Local SL	31 OFF					



NATIONAL CAPITAL OUTAOUAIS ALPINE SKI TEAM

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
January 2001						
		1 OFF	2 OFF Travel Grands Fonds	3 Training Grands Fonds	4 Training Grands Fonds	5 Training Grands Fonds
6 Training Grands Fonds Travel Home	7	8	9	10	11 Training Local	12 Training Local
13 Training Local	14	15	16 Pontiac GMC Georgian Peaks GS	17 Pontiac GMC Georgian Peaks GS	18 Pontiac GMC Devil=s Glen SL	19 Pontiac GMC Devil=s Glen SL
20 OFF	21	22	23	24 Training Local	25 Rogers AT&T Edelweiss SL	26 Rogers AT&T Edelweiss SL
27	28 Pontiac GMC Ste-Anne DH Training	29 Pontiac GMC Ste-Anne DH Training	30 Pontiac GMC Ste-Anne DH Training	31 Pontiac GMC Ste-Anne DH		



NATIONAL CAPITAL OUTAOUAIS ALPINE SKI TEAM

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
February 2001						
					1 Pontiac GMC Ste-Anne DH	2 Pontiac GMC Ste-Anne SG
3 Pontiac GMC Ste-Anne SG	4	5	6	7	8 Rogers AT&T Bromont SL	9 Rogers AT&T Bromont SL
10 Rogers AT&T Orford GS	11 Rogers AT&T Orford GS	12	13	14	15 Training Local	16 Training Local
17 Training Local	18	19	20 Travel Grand Fonds	21 Training Grand Fonds	22 Training Grand Fond	23 Training Grand Fonds
24 Training Grand Fonds	25	26	27	28		



NATIONAL CAPITAL OUTAOUAIS ALPINE SKI TEAM

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
March 2001					1 Training Local	2 Travel Collingwood
3 Pontiac GMC Craigleith SL	4 Pontiac GMC Craigleith SL	5 Pontiac GMC Georgian Peaks GS	6 Pontiac GMC Georgian Peaks GS	7	8	9 Training Local
10 Training Local	11 Training Local	12 Training Local	13	14	15	16 Training Local
17 Training Local	18 Training Local	19 Training Local	20	21	22	23 Training Local
24 Training Local	25 Training Local	26 Training Local	27	28	29	30 Rogers AT&T Stoneham GS Spring Series
31 Rogers AT&T Stoneham GS Spring Series						



NATIONAL CAPITAL OUTAOUAIS ALPINE SKI TEAM

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
April 2001						
	1 Rogers AT&T Le Relais SL Spring Series	2 Rogers AT&T Le Relais SL Spring Series	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				